

Volunteer SCENE

A MONTHLY NEWSLETTER FOR HOSPICE OF HAVASU VOLUNTEERS



DECEMBER 2008

Volunteer Continuing Education

LAKE HAVASU CITY
1963 McCulloch, #104
10 A.M.

Monday, December 8
Holiday Meal discussion.

Monday, December 15
Annual Christmas Tea
1 to 3 p.m.

December 25
Christmas Office Closed

PARKER
26668 Mohave Rd.
11 A.M.

Tuesday, December 9
Holiday Meal Discussion

December 16
Christmas Social
Noon

Meditation is each Friday at 9 a.m. in the Volunteer Services Office. (No meditation Dec. 26)



NEW VOLUNTEERS IN PARKER -- Another group of volunteers in Parker recently completed training, and is now at work helping patients in the LaPaz county area. The new volunteers, from left: Kimberly Lombard, Eva Castro, Yvonne Martin, Lynn Tanner and Kathy Campbell.

A Note from Janet –

The Holidays are here and I want to thank each one of you for making the Volunteer Services Department so exciting and fulfilling to our patients, families and staff.

Every volunteer is an asset to Hospice of Havasu and our mission. Each volunteer is as important and as the other, no matter what task or tasks you take on. For those who can only put in a few hours weekly to those who put in many hours weekly. Thank You.

We are all here for the same reason and that is our mission. It takes each one of us, no matter what tasks we do, or where we volunteer, to give our patients the service they need. Office Workers, Patient Care/Family Assistance, Bereavement, Medication Runners, Polidori House volunteers, Animal Assistant Activity volunteers and Fund Raising volunteers – Thank You–

You are greatly appreciated. During the year 2008 Volunteer Services presented five 30-hour volunteer classes, two in LHC days, one in LHC evenings, one in Mohave Valley area and one in Parker.

During the year 2008 Volunteer Services provided volunteers to our new beautiful Polidori House. Tasks provided by our volunteers include meal preparation and serving, laundry, dusting, activities, clerical work and visiting the patients.

I want to take this time to thank each and every one of you who have volunteered their time in whatever way to Hospice of Havasu.

May you have a wonderful holiday season and I look forward to working with each one of you in 2009.

–Janet Baier, Volunteer Services

Keeping your business yours

8 WAYS TO PROTECT YOURSELF FROM IDENTITY THEFT

1. Safeguard your Social Security Number – Don't carry your card with you.
2. Shred personal documents – Use a cross-cut shredder for everything that has your name, address and other personal information on it.
3. Verify contacts – Before answering any questions, make sure the person contacting you by phone, mail, or e-mail is legitimate.
4. Secure your important papers – Store birth certificates, Social Security cards, tax returns, insurance policies, etc. in a locked drawer, safe, or bank safe deposit box.
5. Create strong passwords – Don't use a weak or easily guessed password like your birth date or your dog's name.
6. Keep your passwords private – Don't discuss or give anyone your password.

7. Protect your computer – Use firewall, antivirus, and antispyware software.

8. Beware of Phishing – Never click links in unsolicited e-mails. Be observant. If a frequently visited Web site seems unfamiliar, don't login or enter any information until you verify that you are at the correct, secure site.

3 SIGNS THAT YOU MIGHT ALREADY BE A VICTIM

1. Bills – Your regular bills stop arriving or you start getting new bills for credit cards that you never applied for.
2. Calls – You receive phone calls about purchases that you didn't make.
3. Bad Credit – Your credit application is rejected unexplainably.

WHAT TO DO IF YOUR IDENTITY HAS BEEN STOLEN

1. Report a fraud alert – Contact a credit reporting company and place a



fraud alert on your credit reports, and then review the reports.

2. Alert your bank or credit card company – Speak directly with someone in the fraud department.

3. Keep records – File copies of all documents and written notes of conversations regarding your identity theft.

If you didn't, who would?

If you didn't care, didn't show up, didn't step up, didn't volunteer, who would?

As busy as you are, remember to take a moment now and then to think about the contribution you and others make whenever

you give of your time.

Think about the organization you serve. What would happen if every volunteer immediately walked off, never to be replaced by another willing volunteer? What would happen to those served by the

organization if every volunteer decided she/he had better things to do and left their jobs? How would the collective absence of these volunteers impact this organization and those it serves?

You see ... you and every other individual who puts in volunteer time is critically important. Without you, we fail. With you, there's no end to what can be accomplished!

Thank you again and again and again!

Volunteers: Sharpening Listening Skills

Few things provide as much emotional nourishment as the feeling you get when someone you love is truly listening to you. This kind of communication makes you feel valued and connected, and deepens the intimacy between you and your partner. Sometimes it's easier said than done.

December Birthdays

- Dec. 2 Sharon Henderson
Nancy Ann Mooney
Dec. 3 Bette Boomhower
Margaret Gray
Dec. 8 Barbara Sample
Dec. 9 Dorothy Marsh
Dec. 10 Susan Read
Dec. 11 Alan R England
Kathleen Hubbard
Dec. 12 Bill Bair
Dec. 14 Joan C. Lohrman
Dec. 18 Winona Teeple
Dec. 20 William Filliger
Dec. 21 Marilyn Layel
Dec. 22 Marcia Turner
Dec. 27 Shelley Smith
Cindy Sergott