

HOSPICE OF HAVASU VOLUNTEER Scene March



21st Annual "Bluegrass On The Beach" Music Festival. March 1-3.

Lake Havasu State Park
699 London Bridge Rd.
LHC. Bluegrass music,
workshops, great food,
and craft vendors! 570-
721-2760. Click <https://lakehavasubluegrass.com/tickets-and-general-info.html> for tickets.

Southwest Chowderfest

March 9, 1-5pm Lake
Havasu State Park, 171
London Bridge Rd
LHC
southwestchowderfest.
com Admission Price:
\$25.



March 17



May your troubles be
less; and your blessings be
more. And, may nothing
but happiness come
through your door.



If there is a topic that you would like to see addressed by Hospice of Havasu, please contact the Volunteer Services department. Please remember that ALL volunteers are required each year to complete two hours of Palliative Care Training, one HIPAA Session and one Emergency Preparedness Training.



Art at the Lake March 9-10: The Lake Havasu Art Guild is presenting its annual show showcasing 50 local artists and their artwork, including woodwork, paintings, glass work, ceramics, jewelry, fiber arts, and photography and more. Visitors can buy artwork and crafts from the marketplace.

March 9, 9am - 5pm
March 10, 10am - 2pm
Lake Havasu Aquatic Center. No fee.

ALTCS Basics: How to Qualify for Long Term Care. Tuesday, March 26. Hospice of Havasu Office 232 London Bridge Rd. LHC. Presented by Melissa Henak, Elder Care Advisor. RSVP at jacksonwhitelaw.com/altcs/events or 800-243-1160.

Tribute Concerts at the LHC Aquatic Center through March 30.

Six concerts in March, ranging from tributes to Led Zeppelin, The Doobie Brothers, and Bob Seger, just to name a few. View concert schedule. <https://yourconcerttix.com/venue/lake-havasu-aquatic-center/>

Hi from Joni

Welcome Spring,

Our annual Volunteer Appreciation Lunch is coming up on Wednesday, March 27th, and will be held at the Lake Havasu Yacht Club, 631 London Bridge Rd. Carpool if you're able, as the parking lot spaces are rather limited. Enjoy this gorgeous weather!

If you're a soon-to-be departing snowbird, please let us know when you plan to head home. And, thank you for allowing HoH to share in your winter!



- Joni

Volunteers in Action - Concerts

More Tribute Concert Fun!
We still have some open dates in March! Call me!



John Graham



Jim Wotrang with ABBA Fab



Kim Switzer, PC & Jaime Snethen, Bonnie Graham, Jack Switzer

STAY IN TOUCH: Volunteer Services office, 928-453-2111 • www.HospiceHavasu.org
• Email Joni: jrenzi@hospicehavasu.org

New Volunteers



Sue Roberds
Crafter



Sally Goodman
Store



Adele La Buhn
Store



Eldos Orozobekov
Store



Terrie Garcia
Admin



Supporting Grieving Patients

Volunteers can play a pivotal role in supporting grieving patients by just validating the need to grieve.

Encourage a healthy grieving process.

Caregiving staff and loved ones can help patients overcome grief-related feelings of shame and isolation by validating their need to grieve, reminding them that everyone's grief timeline is different, and providing a nonjudgmental space for the patient to express their emotions. By normalizing the expression of grief, we can create an environment where patients and their families are comfortable verbalizing feelings and processing thoughts.

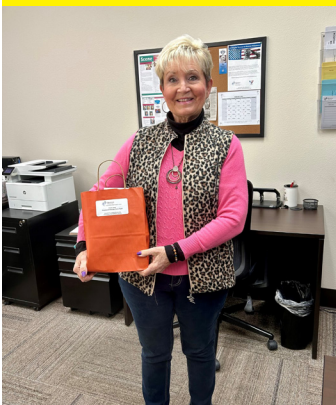
We can be looking for significant changes in weight, unusual sleep patterns, and indications of maladaptive coping mechanisms in those we care for, and consider open, empathic discussions that recognize the interrelation between mental and physical health throughout the grieving process.

Connect the patient with specialized long-term support. Support groups or individual counseling, whether in-person or virtual, foster the creation of communities where shared experiences lead to understanding.

Source: Vitas Healthcare

Note: Hospice of Havasu has grief counseling & support groups available to anyone in need of support.

Volunteers in Action - Office & Store



Fort Mohave Volunteer Leslie delivering resource guides for Hospice of Havasu Community Outreach.



Volunteer Wray Finks and Store Lead Steve Moore behind the scenes at the resale store.



March Birthdays

Doreen Dysert	4
Irene Schultz	5
Susan Scott	5
Dorothee Jeffers	16
Linda Ahrens	20
Nancy Pfaff	20
Michael Jeffers	24
Tammie Sparks	26



YEARS OF Service

Renee Good	20
Kathy Meehan	18
Barbara Nimesgern	15
Butch Foster	9
Cathy Womeldorf	7
Carla Carroll	4
Wray Finks	2
Keith Jorgenson	1
Robert Ortega	1

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